



Meet Our Ambassadors!

On September 13th, the Anderson Area YMCA kicked off a new Ambassador Program. A group of 16 individuals were chosen from our membership to attend five educational sessions ending in December. Once the initial class has completed the program, they will be encouraged to volunteer and to share their experience with others.

We're looking forward to bringing them on board as advocates of **YOUR** YMCA!



Names of Members: (left to right): Seated: Emily Sands, Cindy Crocker, Moe Buccino, Dawn Bright. Front Row Standing: Cicely Sloan, Betty Lewis. Back Row Standing: Lynn Brill, Ed Chamblee, Mike Mathews, Coleman Kirven, Joan Mauldin, George Somogyi, Van Sullivan, Henry Spann. Absent from photo: Brenda Underwood and Andy Patrick

Anderson Area YMCA
201 East Reed Road
Anderson, SC 29621

UPCOMING EVENTS!

- September 23rd - 30th: America On The Move Week
 - September 27th: National Women Health and Fitness Day
 - October 2nd - 6th: Member/Donor Appreciation Week
 - October 7th - 8th: Community Open House
 - October 7th - Homecoming/Meadow Muffin/Ducworth/Tucker Sports Park
 - October 10th: Sunrise Swim (benefiting Safe Harbor)
 - October 27th: YMCA's 6th Annual Golf Tournament (Brookstone Meadows)
 - October 31st: Spooktacular (Downtown Anderson)
 - November 2nd: Upstate Senior Expo (@ Civic Center)
 - December 9th: 5K/1Mile Reindeer Run /Pancake Breakfast
- * All events will be held at the Anderson Area YMCA unless otherwise noted.

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Anderson Area YMCA Newsletter

News and Information
about **your**YMCA.

Fall 2006

JOIN US FOR...

MEMBER APPRECIATION WEEK

October 2 – 6, 2006

at the
Anderson Area YMCA
201 East Reed Road

**Stop by for fun, food, and fellowship –
Also, register to win for door prizes
to be given away throughout the week!**

Bring a **FRIEND** during the month of
October and receive a **FREE T-SHIRT**
and a chance to win a
FREE YEAR'S MEMBERSHIP!



A Message from the C.E.O.

With summer about to change into the beautiful colors of Fall, it reminds me of how **your** YMCA is working to meet the ever-changing needs of our membership and our community. You, our valued member can expect to see the following implemented by your YMCA in the coming months:

- **YMCA of the USA's Activate America Campaign.** Your YMCA will stress community wellness by getting people active and highlighting our Wellness For Life program.
- **Addition of a fifth core value of FAITH** to our current values of Caring, Respect, Responsibility and Honesty.
- **Creation of the YMCA Ambassador Program** made up of YMCA members. The ambassadors will be involved in the ongoing discussion of community and membership needs and how your YMCA is addressing those needs. Upon completion of the program, ambassadors will be encouraged to volunteer and share their YMCA story.
- **Member Appreciation Week.** A week dedicated to showing thanks to our members for their being an important component of **your** YMCA.
- **Redesign of YMCA Website** which will provide enhanced functionality.
- **Wireless Internet capabilities** for our Family Wellness Center.
- **Online program registration** for members and participants (coming in 2007).

In closing, I would like to thank everyone who made The Peoples Bank Midnight Flight such a huge success. In total, 1370 runners participated in the combined races. Approximately 200 volunteers braved the weather to ensure race quality. Each of your efforts for this event was greatly appreciated by everyone here at **your** YMCA.

Joe Drennon

YMCA Member Benefits

- 6,500 sq/ft state of the art Fitness Center
- Separate Personal Fitness Room
- Two Hours of FREE Child Watch daily
- Fitness Orientation/Fitness Evaluation
- 12-Week Personal Fitness Evaluation
- Unlimited Group Exercise Classes
- Unlimited Specialty Group Exercise Classes
- Beginner Racquetball Classes
- Two State of the Art Racquetball Courts
- 25-Yard Lap Pool and Therapy Pool
- Unlimited Water Fitness Classes
- Unlimited Specialty Water Fitness Classes
- Adult Locker Rooms with Steam and Sauna
- Youth Locker Rooms
- Gymnasium
- In-door Walk/Run Track
- Reduced Program Fees for Members



Inspirational Motivation

After moving to Anderson three years ago, 99-year-old member Wilma Solomon has maintained a very busy schedule. Along with playing bridge several times a week, attending church, and other activities, she finds time to come to the Anderson Area YMCA to exercise. She swims laps for 20 – 25 minutes in the Therapy Pool once or twice a week. Wilma commented that she prefers to swim in the afternoon, because she is not a morning person. When asked what Wilma attributes her longevity to, she replied “good genes, staying active, eating the things her body needs, and being with friends.” Her favorite foods are fruit, vegetables, and fish – everything in moderation.

Wilma recently celebrated her 99th birthday with family and friends at the YMCA. We’re looking forward to celebrating her 100th birthday next year on September 3rd! Be sure to stop by the pool and say hello to Wilma the next time you’re at the Y – and swim a lap with her. In the mean-time Wilma, keep on swimming!



Why Do We Love Our YMCA PRESCHOOL?



“I like the toys.”

Sanaa
Age: 4



“I like to play ball.”

Trey
Age: 3



“I like to cause I want to.”

Jahira
Age: 2



Program Spotlight: After School

The Anderson Area YMCA serves approximately 650 students a day



through after school programs. The YMCA has after school sites in 17 elementary & middle schools in Anderson School Districts 2, 3, and 5. Two types of programs are offered to students – traditional after school and 21st Century. The “traditional sites” include Calhoun, Centerville, Concord, McLees,



Midway, Nevitt Forest, New Prospect, Starr, and Whitehall Elementary. The cost of the program is \$43.00 per week. ABC vouchers

and YMCA scholarship assistance are also accepted. The focus of the traditional program is to provide a safe, nurturing environment to the elementary age child. The program consists of devotion, snack, homework time, and enrichment activities. The program operates from 2:30-6:00 pm Mon-Fri. Full day care is provided for participants on out of school holidays, Christmas Break and Spring Break.

The YMCA has eight 21st Century grant partnership sites. In Anderson School District 5 the sites are: Lakeside, McCants, and Southwood Middle schools. In Anderson School District 3, Iva Elementary & Starr-Iva Middle School, and in Anderson School District 2, Belton & Honea Path Elementary and Marshall Primary. Our partnership with these school districts allows us to offer additional academic assistance to middle & elementary school students who need help in improving their grades and PACT test scores. The students attend classes taught by certified teachers and the YMCA staff serves as role models and provides enrichment activities. The program is free for all those who meet the school’s criteria to enroll in the program. In both programs the ratio of counselors to students is 12:1.

The greatest asset of the after school program is our staff. In 2006, the YMCA was able to



award two \$500 college scholarships to our employees through the generosity of a donor. The Laura Tye Scholarship Fund was awarded to the after school program employees who are examples through their work and who demonstrate the four character values of the YMCA. Travis Cain (Site Director-Centerville) and Adam Johnson (Site Director-Midway) were selected to receive the award in August 2006.



Meet Two Site Directors



Travis Cain

Travis is a Human Services and Resources major at Anderson University. He is a graduate of Westside High School. This is Travis’s third school year working in the Afterschool Program at Centerville. This summer was his second summer at camp.



Adam Johnson

Adam is a Christian Ministries major at Anderson University. He is a graduate of Wren High School. This is Adam’s second school year working in the Afterschool Program at Midway. This summer was his first summer at camp.